

The Cathedral Constitution of the Cathedral

A Publication of St. George Antiochian Orthodox Christian Cathedral

An Antiochian Pilgrimage



From June 12 to July 3, Fr. Mark went on a pilgrimage with Metropolitan Saba and 26 other priests, deacons, and seminarians to Jordan and Lebanon.

The group first visited Jordan for three days during which they visited historical sites throughout the country, visiting monasteries and churches, and celebrating many divine services. Their trip culminated with a tour of the site of Christ's baptism at the Jordan River.

From Jordan they visited Lebanon where they traveled throughout the country, meeting with the Patriarch of Antioch, John X, many metropolitans, monastic communities, parishes, and Orthodox Christian lay organizations. The group prayed together holy sites and learned from the locals who

tend to them. The faithfulness of the local Orthodox Christians, who persevere in their faithfulness to Jesus Christ despite the many hardships and difficulties they face, inspired the group.



continues pg 3

MEMORY ETERNAL



Eugene Herman, 6/22 (brother of Martha Sturgill)

Sally Bayouth, 7/21

Fr Stevan Bauman, 8/15 of Indianapolis, IN (brother of Michal Bauman)

adult education

Saints of the Western Church

A Series Introducing Orthodox Saints of the West to Eastern Orthodox Faithful

September 10:

St. Patrick, Apostle to Ireland

Jay Mullinix

September 17: St. Augustine of Hippo

- Stan Cox

September 24: St. Boniface, Apostle to Germany

- Dn David

October 1: St. Benedict of Nursia & St. Scholastica

– Jeff & Julie Moore

All presentations will take place on Wednesday evenings following Vespers at 7:15.



JOIN US FOR WOMEN'S BIBLE STUDY, WEDNESDAY, SEPTEMBER 10, 1:30PM At the Parish House • 1328 N Tallyrand St

Studying the Gospel of John

SEPTEMBER FASTING

14th is a fast day for the Elevation of the Cross

2



MABROOK! BLESSINGS!

Baptism

Joshua James Moore, 7/6

William Nicolas Bond, 8/2 son of Levi and Zeina Zayat Bond



Help raise money for Orthodox missionaries by joining St. George's 1st Annual Trek4Missions Walkathon on September 20th on the Redbud Trail (starting/ending at the Parish House). Participate by walking with the team or by sponsoring a participant. BBQ lunch provided. Contact Brandon Buerge (microflight@gmail.com) or stop by our table at coffee hour to learn more & sign up.

Women's Faith & Growth

Join us Thursday September 18, 7:15p

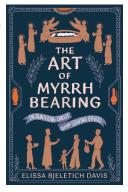
at the Parish House

- 1328 N Tallyrand St -

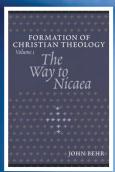
for an evening of fellowship & faith

Rebekah Sturgill

is leading the discussion The Art of Myrrhbearing / Elissa Bjeletich Davis (audio on Audible)



A-Men Theology



Luke Moore will be leading the discussion on the book:

The Way to Nicaea

September 25, 7:15p at the Parish House

SEP 2025 Vol. 35 • No. 9

PLEASE JOIN US IN A CELEBRATION LUNCHEON IMMEDIATELY FOLLOWING DIVINE LITURGY, IN THE FELLOWSHIP HALL FOR



Come celebrate our parish's rich heritage and our vibrant multicultural community at our annual Heritage Sunday Luncheon.

A FREEWILL DONATION GIVES YOU A LEBANESE MEAL AND DESSERTS FROM AROUND THE GLOBE.

The Lord's Diner — Virtus Training

The Lord's Diner and others are required to complete Virtus Training for the ability to serve the youth - "Protecting God's Children" for adults.

Virtus Training to be offered in our dining hall on September 20 at 9:00a. Anyone needing this training class is welcome to attend. Please let us know of you plan to attend @ 316-265-1380. Pat Milburn.







3

CHRIST THE SAVIOR ACADEMY

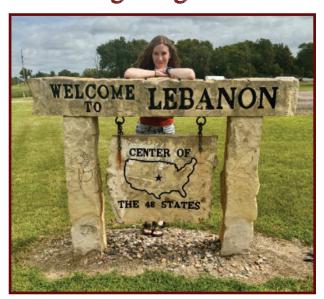
It's hard to believe we're already a couple of weeks into the new school year! At Christ the Savior Academy, our teachers have been doing a wonderful job with our students as they find their rhythm in the days and weeks of academic life at CSA.

We encourage you to join us for Liturgy on September 17th at 8:30am. Thank you for your continued support and prayers for our students, teachers, and school community!

Antiochiam Pilgrimage - continued

The group were especially edified by the time they spent learning from Sayidna Saba, getting to know him better and learning from his wisdom and the depth of his faithfulness. They all returned home with a renewed vigor and excitement for their parish ministry.

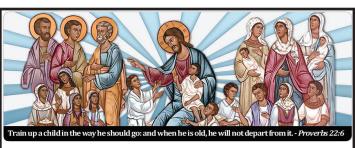
Another Pilgrimage to Lebanon



Parish member Rachel Garton decided to follow in the footsteps of Fr. Mark and make a pilgrimage to Lebanon – Kansas, that is – the geographical center of the 48 contiguous states. There she observed the Lebanese cedar planted at the site with the plaque commemorating Lebanese immigrants.



Vol. 35 • No. 9 SEP 2025



Church School

2025-2026

Theme:

"I will take you as My people, and I will be your God." — Exodus 6:7

registration

SUNDAY: September 7th & September 14th

opening assembly

SUNDAY: September 21st

classes begin

SUNDAY: September 28th

Something Special is Coming September 15!

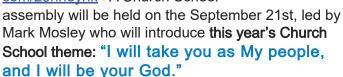
Check your email September 15 for the Parish Survey powered by Survey Monkey. Our vibrant community continues to grow, and we want to ensure we are meeting your needs in areas such as ministries, programs, operations and communications. This is your chance to share your thoughts on all things St. George.

The survey will take about 10 minutes to complete so we are asking for your participation. The survey is only as valuable as the people who complete it. Whether you are a catechumen or have been Orthodox for 80 years, we want to hear from you.

Would you prefer to take a paper survey versus online? Please contact St. George by Sept. 8 and we will put you on a mailing list.

Church School:

In-person registration for Church School continues Sunday, September 7th during Coffee Hour. Online signups are available at https://tinyurl.com/23nneyhk. A Church School



Teen SOYO, YABOY, OCF, Little Lambs:

Teen SOYO has resumed weekly gatherings on Wednesday evenings. All those in grades 7-12 are encouraged to join us for Vespers beginning at 6:45p followed by dinner and a discussion in the Youth Center. Our evenings will conclude by 8:45p.

YABOY will begin on Sunday, September 6th with an outing at the Cathedral from 2:00-4:00p. YABOY will hold two meetings per month and all those in grades 4-6 are invited.

OCF will begin on Thursday, September 4th at 7:30p following Vespers.
Orthodox Christian Fellowship is open to all those ages 18-23.



Little Lambs in God's House will begin on Wednesday, September 3rd from 6:15-6:40p prior to Vespers. All those ages 8 and under are welcome to join us for stories about the lives of the saints, to learn about the life of the Church, and sing beautiful songs together.



WE WANT TO GET TO

KNOW YOU!

Parish Photo Booth September 7 & 14 during Coffee Hour

If you are a new member, catechumen, or serious inquirer, we'd like to recognize you.

Parish photographer Conlee Arpin will be taking photos for our parish directory during coffee hour on these Sundays.

If we don't already have your photograph in our database, please step into the booth!

4 Vol. 35 • No. 9 SEP 2025



Submitted by Mikell Awaad

Upcoming Events

The Lord's Diner – September 21st, 5:00-7:30.

The Lord's Diner provides a daily hot meal to anyone who has a need. For more information about volunteering with our St George/St Mary Team contact Pat Milburn at patmilburn74@gmail.com. We typically serve meals on the third Sunday evening of the month.

The Lord's Diner Virtus Child Safety Training

– September 20th, 9:00-10:30 at St George Cathedral The Lord's Diner and others are required to complete Virtus Training for the ability to serve the youth - "Protecting God's Children" for adults.

Virtus Training to be offered in our dining hall on September 20 at 9:00a. Anyone needing this training class is welcome to attend. Please let us know of you plan to attend @ 316-265-1380. Pat Milburn.



The Treehouse

As a continuation of our annual Christmas in July tradition, St George Cathedral donated fifty \$50 gift cards to moms receiving services from The Treehouse.



Next Meeting Tuesday, September 9th 12:00 noon at the Parish House.

We would love to have you join us!!

Please consider sharing your gifts and talents with our community. Contact: Carrie Camden at camden9492@gmail.com for more information

EmberHope/Youthville EmberHope Youthville provides services to support the Kansas Foster Care System, including a residential program for children and teens. Their trauma-informed interventions develop life skills, coping skills, social skills, problem-solving,



and the ability to develop and maintain healthy relationships. To learn more about Ember-Hope Youthville and their impact on our community, check them out at www. emberhope.org.

St George volunteers participated in EmberHope's Second Saturday Volunteer Day. Volunteers helped organize donated clothing, cut down trees, edge, remove ivy and tidy up the appearance of the grounds. Thank you to those who served!



Thank you to all those that donated school supplies to Emberhope/ Youthville! They were truly grateful!

Dillons Community Rewards

To earn money for St George Cathedral every time you shop at Dillons, designate St George Cathedral as your Community Rewards recipient. For more information

SEP 2025



Come and Join Us!

St. George Orthodox Christian Cathedral

The 90th Annual 2025 Lebanese Dinner & Food Sale

Saturday, October 11th:

Dine-In: 4-7 pm

Carry-Out: 4-8 pm

Sunday, October 12th:

Dine-In: 12-7 pm

Carry-Out: 12-7 pm

\$23 per Ticket

- Dine-In or Drive Thru Country Kitchen Ethnic Specialties & Homemade Goods
- Cathedral Tours throughout the day
 Advanced Food Orders Available online (quantities are limited)

Pre-Order Pickup > Sat, OCT 4th, 9-1pm > Sun, OCT 5th, 12-3pm

Tickets & Information 316-636-4676

7515 East 13th St • www.stgeorgecathedral.net

St. George Cathedral's 90th Annual Lebanese Dinner

PRE-ORDERS may be placed on online at our website:

Begins Wednesday September 10th



St. George Cathedral 7515 E. 13th Street

Wichita, KS 67206 Phone: 636-4676

Pick up orders at the Cathedral on:

Saturday, October 4th Sunday, October 5th 9 am - 1 pm

12 pm - 3 pm

(Orders NOT PICKED UP will be cancelled and money REFUNDED)

Specialties

Cabbage Rolls (20 pieces) Limit 5 per order Kibba Pan (12 pieces) Limit 5 per order	\$23.00	Baklawa Pan (20 pieces)	\$23.00
	\$23.00	Meat Ples (8 per pkg) Limit 2 per order	\$18.00
		Spinach Ples (8 per pkg)	\$16.00

Questions: Lauren (405) 808-0652 or Cindy (316) 516-1949

ANT WORLD OF ST. GEORGE CATHEORAL HOSTS

THE 2025 ORTHODOX WOMEN'S RETREAT
DISCUSSING

How the Orthodox Church heals our Divided Souls

FEATURING HEIDI WHITE

NOVEMBER 7TH -8TH | ST GEORGE CATHEDRAL

7515 E13" ST N, WICHITA, KS 67206

In the past, people believed in the connection between happiness and goodness—something we have largely forgotten in our modem age. We instead believe our souls are divided between duty (what we ought to do) and desire (what we want to do). But we are not do omed to division. Christ came to restore all things, including the wounds of the divided soul. At this retreat, we will look at the sins, sufferings, and sicknesses of our divided souls and the healing offered through Christ, the Divine Physician. Drawing from the Holy Scriptures and the lives and teachings of the saints, we will consider how Christ restores our souls through the sacramental life of the Orthodox ChurchTo edit the border on this page, just double click in the header and select the image.

LODGING:

THE HILTON GARDEN INN
2041 N BRADLEY FAIR PKWY,
WICHITA, KS 67206
(316) 219-4444
PLEASE CALL THE HILTON GARDEN INN AS SOON AS POSSIBLE TO RESERVE YOUR ROOM
UNDEROUR EVENT BLOCK

REGISTRATION FEE:

\$90,00/PERSON INCLUDES CONFERENCE LECTURES (TAKING PLACE ON FRIDAY BYENING AND SATURDAY MORNING), FRIDAY DINNER, AND FRIDAY EVENING SOCIAL; SATURDAY BREAKFAST AND LUNCH.

REGISTRATION IS AVAILABLE ON THE REALM APP.

Heidi White

Heidi White is a teacher, therapist, literary podcaster, and author of the newly released book *The Divided Sout: Duty and Desire in Literature and Life.* She lives in Colorado Springs with her husband and children, where they attend Holy Theophany Orthodox Church.





St. George Orthodox Christian Cathedral

7515 East 13th Street North Wichita, KS 67206-1223 www.stgeorgecathedral.net



The Golf

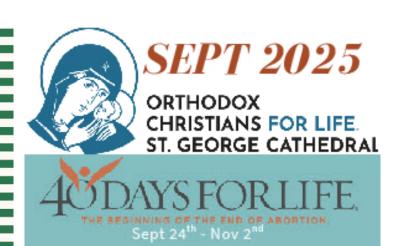
Benefitting Christ The Savior Academy

Friday, September 12

TWENTY TWENTY-FIVE



Questions? Email csagolfclassic@gmail.com SPONSORSHIP OPPORTUNITIES AVAILABLE



You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are the proven results in 30 coordinated campaigns:

·Over 25,000 saved babies

More than 170 closed facilities

More than 270 converted workers

Join OCFL in being a Voice For Life!

DISCOVER HOW YOU CAN BE A VOICE FOR LIFE

GUEST SPEAKER

Monday, Sept. 8 6:00 PM Parish House

For more info: (316) 300-3254 OCFLick@gmail.co