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The Cathedral Messenger

A Publication of St. George Antiochian Orthodox Christian Cathedral

The St. George 87th Annual Lebanese Dinner and Food Sale

by
**Ashley
David**



Our Annual Big Dinner resumed in 2021 after a two-year hiatus. We took 2019 off for our Fellowship Hall remodel, and unfortunately had to miss 2020 because of the COVID-19 pandemic. Due to continuing concerns about COVID, 2021's Dinner was a drive-through only event for the first time ever.

On October 8th and 9th 2022, the St. George Lebanese Big Dinner returned in full force for the first time in four years. We offered full service dine-in, drive-thru, carryout, Cathedral tours and Country Kitchen. Our patrons enjoyed our traditional meal consisting of salad, pita bread, cabbage rolls, kibba, ruz and yukhnee, and baklava. Those who dined in and toured the Cathedral experienced our hospitality as well.

When co-chairs Ashley David, Mallory Farha, Courtney Ruffin and Rhonda Castrisos started calling parishioners to volunteer as committee chairs, we were pleased to find that many people were excited to have the good old-fashioned Big Dinner back. Parishioners happily signed up to volunteer for various tasks. Most of all, they were excited

for us to be back together again. This year we also had a record number of volunteers, including not only parishioners, but even some people who knew nothing about our church, or how to cook Lebanese Food.

Thank you for making 2022 a booming success! Nobody does it better than our St. George volunteers. Thank you, thank you, thank you. Stay tuned for final numbers and our Appreciation Dinner. Please remember to return any unsold tickets and pay for any used / sold tickets as soon as possible, so that we can calculate our total proceeds.

Thank you especially to the many talented and dedicated chairs of individual committees. The food and service was the best this year, and we want to replicate it next year as we also learn and grow from our mistakes. The final reports from each committee are essential to perfecting the process, so if you have not submitted your reports to both Gina Stater and Ashley David, please do as soon as possible.

Thank you everyone, and God bless you for all your talents and hard work!

Dean, V. Rev. Paul O'Callaghan • St. George Orthodox Christian Cathedral

7515 East Thirteenth Street • Wichita, KS 67206-1223 • (316) 636-4676 • <http://www.stgeorgecathedral.net>



Annual Dinner Volunteer
Appreciation Dinner
 Monday, November 14 at 5:30p
 Thanking those of you who helped and labored to make this year's dinner a success. Join us to celebrate.

2022 STEWARDSHIP SUNDAYS
 Please remember to complete your pledge card for 2023 & either return it to the Cathedral office or bring it to Divine Liturgy on **Sunday, November 27th**

Fulfill your pledge by
Automatic Monthly Withdrawal



Please contact Doren at the Cathedral office to obtain the form



Women's Faith & Growth

Join us Thursday
November 17, 7:15p
 in the Youth Center
 for an evening of fellowship & faith
Rebekah Sturgill
 is leading the discussion
 Studying "Letters to Saint Olympia"
 — John Chrysostom



MABROOK! BLESSINGS!
 birth
 Daniel Tri Nguyen Jr, 8/21
 son of Daniel and Marianna Nguyen

MANY YEARS!

In the Beginning
 A series on the book of Genesis
 Fall 2022 Adult Educational Program

November 2:
 The Corruption of Creation
 — Jay Mullinix

November 9:
 Cain and the City of Man
 — Dr. Mark Mosley

November 16:
 Of Faithfulness and Flood
 — Fr. Calinic

November 30:
 A Tower to the Heavens
 — Jay Mullinix

December 7:
 The Call of Abram
 — Fr. Paul

December 14:
 A King of Righteousness (Melchizedek)
 — Ryan Mohrmann

December 21:
 Sons of Promise (Ishmael & Isaac)
 — Ryan Mohrmann



Classes will be held following Vespers at approximately 7:15p in person & live streamed.

NOVEMBER FASTING



On Wednesdays and Fridays prior to November 15, the normal fasting traditions are observed: abstinence from meat, poultry, and dairy products. The Nativity Fast begins Thursday, November 15th. The usual fasting regime is kept everyday during the Fast in November, except we are dispensed from fasting on Thanksgiving Day, and wine and in some traditions, fish, is permitted on Tuesdays, Thursdays, and weekends.

A Time of Transition

By Fr. Paul O'Callaghan

Twenty seven years ago in September 1995, we at St. George Cathedral welcomed Bishop Basil back to Wichita as Auxiliary Bishop of Wichita and the Southwest Region. Fr. Basil Essey had been consecrated to the episcopacy on May 31, 1992, and then was promptly sent to take up residence in the Los Angeles Chancery, at the time the only Antiochian Chancery besides the Archdiocese Headquarters in New Jersey.

For five years prior to his consecration, Bishop Basil had served as the priest of St. George Church (and later, Cathedral), and was greatly beloved by his parishioners. Consequently, Dr. George Farha led a group of St. George and St. Mary parishioners to present a bold proposal to the then Metropolitan Philip: if the Metropolitan would agree to bring Bishop Basil back to Wichita, the faithful of Wichita would provide a Chancery to the Archdiocese for his use. The Metropolitan agreed, and Bishop Basil returned in September 1995 and took up residence in the beautiful new Chancery. He was succeeded by Bishop Joseph Al-Zehlaoui in Los Angeles.

On December 15, 2004, Bishop Joseph accompanied Metropolitan Philip and about 50 other clergy for the official enthronement of Bishop Basil as the first bishop of the newly-created Diocese of Wichita and Mid-America – henceforth known as “DOWAMA.” It was a joyous occasion that solemnized the ministry that he had engaged in for the previous nine years: the archpastoral care of nearly 50 congregations scattered over a vast geographical area spanning the distance between Canada and Mexico, from the Great Plains to the Rocky Mountains.

After nearly 30 years of episcopal ministry, preceded by 12 years of priestly service and 11 years as Archdiocesan Youth Director, Bishop Basil submitted his request for retirement to the Holy Synod of Antioch on May 18, 2021. On October 17, 2022 the Holy Synod granted his request effective immediately.



Upon approval by the next Metropolitan of North America, Bishop Basil will likely be permanently attached to St. George Cathedral, where he will be enabled to celebrate divine services. He will not be making pastoral visitations to other parishes, but he may visit certain parishes for special events from time to time with the blessing of the Metropolitan.

As he is no longer Bishop of Wichita and Mid-America, Bishop Basil will not continue to be commemorated in divine services at St. George Cathedral or in other parishes of the Diocese. Yet as he remains a bishop, parishioners will still take his blessing and he will give a blessing at the conclusion of divine services.

Even though he is no longer enthroned on the episcopal seat of St. George Cathedral, Bishop Basil remains enthroned on the hearts of all of us in the parish community. We are also blessed that he is going to be spending the “remaining time of this life” with us in Wichita. We are extremely grateful for his service to us and look forward to receiving his spiritual guidance and enjoying his fellowship for many years to come. Many years, Master!

Youth Events

Annual Dinner



October seems to have flown by! During this year's Youth Month, our teens traveled to Oklahoma City at the beginning of the month for the diocesan Teen SOYO Basketball Tournament and Retreat. This was the first time this event had been held in 3 years! It was a great opportunity to connect with our brothers and sisters from across DOWAMA.



Teens also had the opportunity to serve as food dashers in the delivery line this year at the Big Dinner. Thank you to all those who helped to make it a successful weekend!



Teen SOYO recently took our annual outing to Walter's Pumpkin Patch along with the teens of St. Mary Teen SOYO. The pumpkin patch had so much to enjoy including large slides, a giant trampoline, a goat petting zoo, and much more!



YABOY took a trip to The Alley this month where we went bowling, race go-karts, and played arcade games! We invite those in grades 4-6 to join us for our next outing to Exploration Place on Saturday, November 12.



Little Lambs

Little Lambs in God's House has recently started meeting this semester every other Wednesday from 6:15-6:40p. Children explore the lives of the Saints, learn church hymns and songs, and spend time with one another during these gatherings. We invite all those 8 and under to join us sometime this month (Nov. 2, Nov. 16, Nov. 30)



Fall Fest Fun!

Fall Festival is always one of the highlights of the year! A chili dog dinner, fun games and activities, and a delicious hot cocoa and apple cider bar all made for an incredible evening. Thank you to all of our fantastic teens and volunteers who helped to run the various stations and make the Fall Festival possible.

Congratulations!



Dr. Randy Ellsworth, PhD, was inducted into the WSU College of Applied Studies Hall of Fame, formerly the College of Education, on October 21st.

**Congratulations Randy!
Mabrook!**



Nativity Psalter Group

Nativity Lent is almost here and it is time to sign up for the Nativity Lent Psalter Reading group. The deadline for sign-up is Monday, November 14th. Please contact, me, Vasiliki Oldziej via email, vasiliki1@cox.net to sign-up. Please be sure to send your full name and your baptismal name in the email. The reading assignment list will be sent out via email Monday evening, November 14th, so everyone can begin reading Tuesday, November 15th.

Here is an explanation of how the Psalter group works:

In the Orthodox Church, the Book of Psalms, which has 150 Psalms, is divided into 20 sections, each called a "Kathisma" (literally, a "sitting", since the Psalms are read sitting down). A "Psalter Group" is therefore comprised of a minimum of 20 people who commit to reading one Kathisma of the Psalter each day. A Kathisma takes about 10-15 minutes to read. You will find the entire set of Psalms in the Orthodox Study Bible or you can purchase a psalter at 8th Day Books.

This is how it works: You are assigned to start reading at Kathisma 4 on the first day of Nativity Lent, November

15th, then the next day you read Kathisma 5, and so on, until you have read all 20 of the Kathismata twice in the 40-day Lenten period. Please note: We do not come together as a group to do the readings. You can read your Kathisma anywhere and at anytime of the day that is convenient for you. If you miss a day, you simply move on to the next Kathisma.

In this way, as a group, we will have read the entire Psalter every single day in 40 days. Also, at the end of the 40 days of Lent, each member of the group will have individually read through the entire Psalter twice. In our community of St George, the Psalter will be read every day in its entirety as preparation for the Nativity of Christ.

The order of the reading is as follows:

- Begin with the Trisagion Prayers.
- Next, read your Kathisma for the day.
- At the end, say a "Lord have mercy" for each person in your group, and one for the entire parish community.

The reading of the Psalter by our group, becomes a blessing for our entire St George community.

Indonesian Missions Report *Your Prayers at Work!*

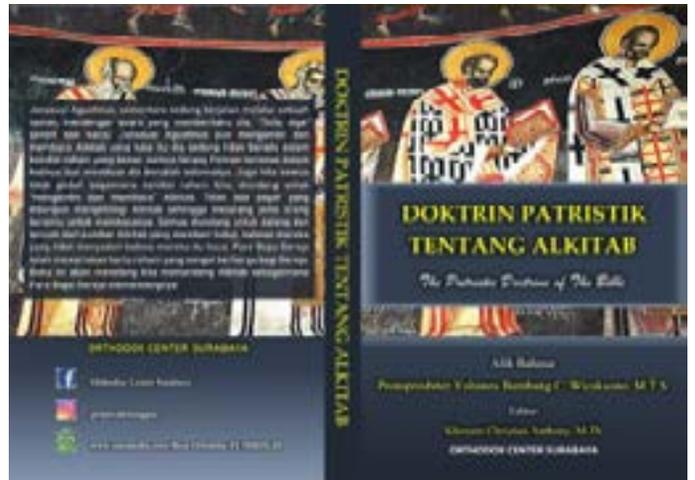
Father Yohanes Bambang of Surabaya Island has sent pictures and stories over the summer and fall of many people in several communities who have come into the Church!

We prayed for him as he visited a Muslim school and then baptized people in their community!

He writes, "people [have been baptized] into Our Orthodox Church. It happened because of your prayers, so that I could move rapidly to open ...Orthodox communities in some different areas in East Java."



We thank God for Fr. Yohanes' work and dedication, and we (and he) thank you for your prayers and support!! Come be a part of this exciting network and witness firsthand how faithful servants are sowing the seeds of Orthodoxy around the world!



"And to make a maximal movement in developing the Indonesian Orthodox Mission...we are planning to make a studio for teaching activities so that people are able to learn from Zoom[s] that I made."

Father Yohanes writes, "I would like to express my gratitude to you because of your help, the surgery of my eyes has been done nicely, and I can use my eyes better to do His works related with writings and making the orthodox theological books for mission." Here are his latest translations.

Community Corner



Submitted by Jenny Wall,
Community Support Team Leader

November Activity

RealityU

Several St. George members volunteered at the RealityU event for students at Allison Traditional Magnet School on October 28. This is a Pando Initiative for students to teach them what happens to income – simulating real life experience.



Cash For Classrooms Report

On September 28, \$500 donations were delivered on behalf of St. George parish to the principals at each of 4 of the most disadvantaged USD 259 schools: Anderson Elementary, Enders Open Magnet Elementary, Enterprise Elementary and Wichita North High School. We are pleased to partner with them and support these very amazing principals in the work they do each day.

Volunteer Opportunities!

DUI Red Ribbon Project

On November 7 volunteers from St. George will meet at 1 pm at DUI Office: 313 N. Seneca, where we will be writing the names of DUI victims on

Next Meeting Tuesday, November 8

We would love to have you join our meeting in the Cathedral Library!
Please contact Jenny Wall at 990-4096
walljenny4@gmail.com for more information

red ribbons that will be placed on police cars in their memory during the holiday season where there is the highest rate of drunk driving. Email Jane Evans to participate at janeevans@cox.net

Cook Up A Storm

On Saturday, November 12, 10:00 am, meet at our St. George kitchen to make casseroles which will be served at a Homeless Shelter in Wichita on November 29. This is a good project for families of elementary age kids and up to participate in, and will last about 1 hour. Email Jenny Wall to indicate your participation at walljenny4@gmail.com

The Lord's Diner

Serve dinner every 3rd Sunday evening with other St. George parish volunteers. More volunteers will be needed as the Lord's Diner is serving in person meals again. Contact Pat Milburn for more information at pmilburn@josephhollander.com or 316-680-0209.

Join the Team!

We would love to have more St. George parishioners join our Community Support Team! We are currently meeting on the 2nd Tuesday of the month in the church library. Email Jenny Wall at walljenny4@gmail.com if interested.

Dillons Community Rewards Program

One way you can easily support the work of the St. George Community Support Team is to participate in the Dillons Community Reward Program. Here are the 3 easy steps: 1) Set up a Dillons account online at this link <https://www.dillons.com/i/community/community-rewards>. 2) Designate St. George Orthodox Cathedral to receive your Community Rewards donation. 3) When you shop at Dillons, a percentage of the sale will be forwarded to the St. George Community Support account at no extra charge to you.

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Messenger*

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