



Volume 34, Number 10
October 2025

The Cathedral Messenger

A Publication of St. George Antiochian Orthodox Christian Cathedral

SEPTEMBER BAPTISMS & CHRISMATIONS

The traditional times for baptisms and chrismations in the Orthodox Church are the feasts of Pascha, Pentecost, and Christmas-Theophany. Because of the long stretch of time between Pentecost and Christmas, however, we at St. George Cathedral also receive catechumens into the Church around the feast of the Elevation of the Cross (September 14).



This September we received the largest group to date of any of the festal periods – 8 baptisms and 11 chrismations. There are another 8 or so to follow that could not be received at that time due to various circumstances.

**May God grant many years
to the newly-illuminated
and those preparing
for illumination!**

Bulletin Board



MEMORY ETERNAL

Ellen Chlentzos, 9/25.

Florene Deeba, 9/19 of OKC
(sister of Linda Shanbour)

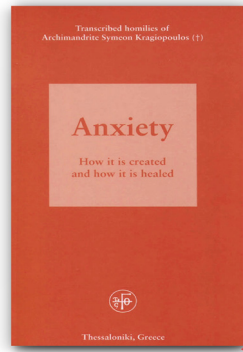


Women's Faith & Growth

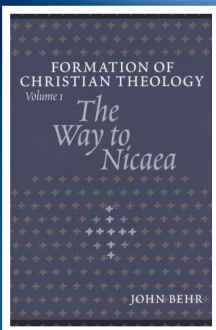
**Join us Thursday
October 23, 7:15p
at the Parish House**
— 1328 N Tallyrand St —

for an evening of fellowship
& faith

Rebekah Sturgill
is leading the discussion
Anxiety
by Fr. Symeon Kragiopolous



A-Men Theology



Luke Moore will be
leading the discussion
on the book:

The Way to Nicaea

**October 30, 7:15p
at the Parish House**



CHRIST THE SAVIOR ACADEMY

The hallways of Christ the Savior Academy are vibrant with the sounds of learning, and October is a month full of opportunities for our students to engage with our wider parish family. Our students will attend Divine Liturgy on Wednesday, October 8th. On Thursday, October 9th, while our students enjoy a day of fall fun at Walter's Pumpkin Patch, our classrooms will be put to use by parish volunteers preparing for the Big Dinner—a true example of the school and parish working together! We look forward to welcoming our students' loved ones for Grandparents Day on Friday, October 24th, and invite you to join us for coffee and fellowship as we host Coffee Hour on Sunday, October 26th, at St. George. As we enter this exciting season, we also want to remind everyone that admissions for the 2026-2027 school year officially open this month. We can't wait to see what the future holds for our school!

MANY YEARS!

MABROOK! BLESSINGS!

Baptisms

Andrew Michael Parish, Judah Andrew Parish,
Caleb Nectarios Parish, Aaron Hosea Parish and
Asa Gabriel Parish, 9/6

Seth Moses Bequette, Charlotte Kyriaki Marvin and
Violet Abigail Marvin were baptized, 9/13

Chrismations

Kyle Katherine Parish, 9/6

Joseph Barnes, Madison Paisia Barnes, Sunny
Elizabeth Gates, Robert Gabriel Guinto, Amanda
Mary Guinto, Timothy Marvin, Kristen Christina
Marvin, Benjamin Wilson, Chelsea Monica Wilson
and Rowen Thomas Wilson, 9/13



October is Youth Month

During the month of October members of Teen SOYO will be reading the epistle during Liturgy as well as collecting special contributions for **Special Olympics** during the last two Sundays in of the month."

adult education

Saints of the Western Church

A Series Introducing Orthodox
Saints of the West to Eastern
Orthodox Faithful

October 1:

St. Benedict of Nursia & St. Scholastica
— Jeff & Julie Moore

October 8: St. Ambrose of Milan

— Fr. Paul

October 15: St. Genevieve of Paris

— Jennifer Sebits

October 22: St. Frideswide of Oxford

— Rod Learned

October 29: St. John Cassian the Roman

— Rebekah Sturgill

**All presentations will take place on Wednesday
evenings following Vespers at 7:15.**



OCTOBER FASTING

During this period, the normal fasting traditions are observed: abstain from meat, poultry and dairy products on Wednesdays and Fridays.



This fall marks the **40 Days for Life Fall Campaign**, a worldwide movement of prayer, fasting, and peaceful witness for the protection of unborn children and their mothers. Since its beginning in 2004 in College Station, Texas, 40 Days for Life has grown to include hundreds of cities across the globe, uniting Christians of all traditions in prayer outside Planned Parenthood abortion facilities.

As Orthodox Christians, we are called to be a witness to the sanctity of life through prayer, fasting, and acts of love.

During this 40-day effort (September 24 – November 2), we are invited to join in:

Prayer & Fasting –

Offer prayers at home, in church, and during personal fasting for an end to abortion and for the healing of all who are affected by it.

Peaceful Vigil –

Stand in prayerful presence outside abortion clinics, bearing silent witness to Christ's love and hope.

Community Outreach –

Share encouragement and resources with others, pointing them to Christ as the source of true life.

For Prayer Booklets call or text Lori at 316-300-3254



As a parish, we will be gathering at the
Wichita Planned Parenthood Clinic
to pray together.

Sunday, October 5th at 3 pm
Sunday, October 26th at 3:00 pm

These gatherings are a beautiful opportunity to stand together as Orthodox faithful, lifting up prayers for life.

More information and resources will be available during **Coffee Hour** both Sundays.

For questions or details, please feel free to call or text **Lori Chrisman** at 316-300-3254 or email OCFLict@gmail.com

Monthly Meeting

Monday, October 13th

6:00 pm at the Parish House

Everyone is welcome—we would love for you to join us!

Orthodox Christians for Life is a national ministry that equips the faithful to bear witness to the sanctity of human life through prayer, education, and outreach. As Orthodox believers, we are called to see every human person as created in the image and likeness of God, worthy of love and protection from the moment of conception to natural death. By participating in this ministry, we help strengthen the witness of the Orthodox Church within the broader pro-life movement, offering a distinctly Orthodox voice rooted in prayer, compassion, and truth.

Come and learn more about how our parish can join this effort, support one another, and take practical steps to uphold the gift of life.



Come and Join Us!

St. George Orthodox Christian Cathedral
The 90th Annual 2025
Lebanese Dinner & Food Sale

Saturday, October 11th: **Sunday, October 12th:**
 ♦ Dine-In: 4-7 pm ♦ Dine-In: 12-7 pm
 ♦ Carry-Out: 4-8 pm ♦ Carry-Out: 12-7 pm

\$23 per Ticket

- Dine-In or Drive Thru
- Country Kitchen Ethnic Specialties & Homemade Goods
- Cathedral Tours throughout the day
- Advanced Food Orders Available - online (quantities are limited)

Pre-Order Pickup ♦ Sat, OCT 4th, 9-1pm ♦ Sun, OCT 5th, 12-3pm

Tickets & Information 316-636-4676

7515 East 13th St • www.stgeorgecathedral.net

25 years of
CAMP ST. RAPHAEL
The Reunion



OCTOBER 18, 2025

ST. GEORGE CATHEDRAL

7515 E 13th Street, Wichita, KS 67206

VESPERS 6:00P | DOORS OPEN 7:00P

\$100: DINNER & EVENING PROGRAM

HEAD TO OUR WEBSTIE TO PURCHASE TICKETS

WWW.CAMPSTRAPHAEL.ORG

HOTEL INFO:

SPRING HILL SUITES WICHITA EAST, \$124/NIGHT, "CSR REUNION" ROOM BLOCK

JOIN THE RED WATER BOTTLE ALUMNI CLUB TO SUPPORT THE MISSION OF OUR BELOVED CSR AND ALLOW OTHERS TO EXPERIENCE THE SAME JOY CSR GAVE YOU.

ANNUAL MEMBERSHIP \$300 PER YEAR

LIFETIME MEMBERSHIP \$5,000 ONE TIME

1 FREE TICKET TO THE REUNION FOR THE FIRST 100 MEMBERSHIPS



REGISTER HERE



ANTIOCHIAN WOMEN OF ST. GEORGE CATHEDRAL
 HOSTS

THE 2025 ORTHODOX WOMEN'S RETREAT
 DISCUSSING

**HOW THE ORTHODOX CHURCH HEALS OUR
 DIVIDED SOULS**
 FEATURING HEIDI WHITE

NOVEMBER 7TH -8TH | ST GEORGE CATHEDRAL

7515 E 13TH ST N, WICHITA, KS 67206

In the past, people believed in the connection between happiness and goodness—something we have largely forgotten in our modern age. We instead believe our souls are divided between duty (what we ought to do) and desire (what we want to do). But we are not doomed to division. Christ came to restore all things, including the wounds of the divided soul. At this retreat, we will look at the sins, sufferings, and sicknesses of our divided souls and the healing offered through Christ, the Divine Physician. Drawing from the Holy Scriptures and the lives and teachings of the saints, we will consider how Christ restores our souls through the sacramental life of the Orthodox Church. To edit the border on this page, just double click in the header and select the image.

LODGING:

THE HILTON GARDEN INN
 2041 N BRADLEY FAIR PKWY,
 WICHITA, KS 67206
 (316) 219-4444

PLEASE CALL THE HILTON GARDEN INN AS SOON AS POSSIBLE TO RESERVE YOUR ROOM UNDER OUR EVENT BLOCK

REGISTRATION FEE:

\$90.00/PERSON INCLUDES CONFERENCE LECTURES (TAKING PLACE ON FRIDAY EVENING AND SATURDAY MORNING), FRIDAY DINNER, AND FRIDAY EVENING SOCIAL; SATURDAY BREAKFAST AND LUNCH. REGISTRATION IS AVAILABLE ON THE REALM APP.



**St. George Cathedral's
 Fall Festival &
 Costume Party**

**Sunday, October 26th
 5:00-7:00p
 in the Fellowship Hall**

**\$5.00 Admission includes:
 Chili Dog Dinner - Games & Prizes**

Burial Ministry

by Adela Garton

The St. Joseph of Arimathea ministry team is hard at work preparing to serve the members of our parish with matters related to burial and bereavement. We plan to fully launch this ministry at some point in the spring. Currently, the ministry is divided into two main parts: the myrrh-bearers and the mercy-bearers.



the reposed is an important component of this branch of the ministry. Consider reading "A Christian Ending: A Handbook for Burial in the Ancient Christian Tradition" by Deacon Mark and Elizabeth Burna published by Ancient Faith Publishing.

The myrrh-bearers will work with families who desire a more family-directed experience with support from parish volunteers when a loved one reposes. More details will be forthcoming, but we need to secure the names of volunteers who are willing to participate in body preparation (we need both men and women), transportation, vigil-keeping, and funeral tasks. We are prepared to help families with various options regarding these matters. The use of the Parish House to care for the family and

The mercy-bearers will be there to assist and support the family with services at the Cathedral, Meal of Mercy, 40-day, 1-year memorials and such. We are there to help answer questions and offer guidance to whatever degree the family needs. Once the family has met with clergy, a committee member will reach out to help.

Look for a sign-up table in coffee hour soon. We would love to have you sign up to help with one or more of our teams.

Join Us! New and Legacy Member Mixer

Please join us for a St. George community dinner designed to foster connection and camaraderie among our members. This gathering will offer an opportunity for those who are new to St. George to become better acquainted with long-standing members in a relaxed and welcoming setting.

Whether you are new to the community or a long-time member come and get to know each other over a delicious Italian dinner! We hope the evening will encourage meaningful conversations and help strengthen the bonds within our community.

Date: Sunday, November 2nd at 5:00 pm in the Fellowship Hall
Adults only

Gluten-free dinner available upon request.

Please look for an email invitation with more information and RSVP instructions in your inbox soon!

We hope to see you there!



HERITAGE Sunday

AN ARRAY OF INTERNATIONAL
DELICIOUS DESSERTS SERVED
FOR OUR CELEBRATION LUNCHEON



Lebanon



Ethiopia



Italy

Celebrating Our Heritage at St. George Orthodox Cathedral

On this special day, we honor the rich heritage of our St. George community—a legacy rooted in faith, tradition, and unity. Founded by Middle Eastern immigrants in 1895, St. George Orthodox Cathedral has grown into a vibrant parish of faithful from diverse backgrounds, united in service to God and one another.

Our celebration is a reflection on the past and a commitment to the future. Heritage means embracing our Orthodox Christian roots, honoring the sacrifices of those who came before us, fostering unity across generations, and passing on our faith to future generations.

To help preserve this legacy, the St. George Endowment Fund was established. This fund provides long-term financial support for the church's ministries, educational programs, and special projects. Contributions can be made through planned giv-



Ukraine

ing—such as wills, trusts, and life insurance policies—ensuring our faith and community continue to thrive.

We invite all parishioners to:

1. Inquire about the St. George Endowment Foundation—learn more, ask questions, and speak with a member of the Board of Trustees.
2. Consider planned giving as part of your estate planning.

Every gift strengthens our mission and helps weave the next chapter in the beautiful tapestry of St. George's heritage.

Thank you for being part of this journey.
Bryan Distefano
Chair, St. George Endowment Board of Trustees



Submitted by Mikell Awaad

*...for I was hungry and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.
—Matthew 25: 35-36*

In the News

Young at Heart Bingo! October 21st, 11:30-1:00 Parishioners 55 years of age and older, please join us for a delicious lunch and a chance to win fantastic prizes! If you or someone you know would like to attend but need help arranging transportation, please contact Mikell Awwad at mikell_awwad@hotmail.com.

Volunteer Opportunities

The Lord's Diner October 19th, 5:00-7:30 The Lord's Diner provides a hot meal to anyone who has a need. We typically serve meals on the third Sunday evening of the month. Youth ages 12-17 are welcome to volunteer if accompanied by a parent or guardian. For more information about volunteering with our St George/St Mary Team contact Pat Milburn at patmilburn74@gmail.com.

Reality U by The Pando Initiative October 24th at Allison Middle School. Reality U is a personal finance simulation experience that allows students to gain a better understanding of how decisions they make today and in the future determine their success as adults. Volunteers are needed to interact with students at an assigned booth. Training will be provided when you arrive. Sign up at <https://app.realityu.org/volunteer>. Three timeslots are available: 8:50 AM - 10:20 AM, 10:30 AM - 12:00, and 12:40 PM - 2:10 PM. For questions or help signing up, contact Mikell Awwad at mikell_awwad@hotmail.com. To learn more about Reality U go to <https://thepandoinitiative.org/reality-u/> or watch a video at <https://tinyurl.com/mpezy6c7>.

Next Meeting
Tuesday, October 14th
12:00 noon the Parish House.

We would love to have you join us!!

Please consider sharing your gifts and talents with our community. Contact Carrie Camden at camden9492@gmail.com for more information

Dillons Community Rewards To earn money for St George Cathedral every time you shop at Dillons, designate St George Cathedral as your Community Rewards recipient. For more information go to <https://tinyurl.com/2p9zrezy>

Cash for Classrooms Community Support Team members delivered \$500 checks to schools in USD 259: Anderson Elementary, Enders Magnet Elementary, Wichita North High School and Enterprise Elementary.



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Wichita, KS 67206-1223

www.stgeorgecathedral.net

Return Service Requested